



IX MIPS
Annual Congress
LJUBLJANA
26-28 Sep 2024

Meeting Chairs

Adolf Lukanovič,
Kristina Drusany Starič

MIPS President

Diaa Rizk

FINAL PROGRAMME





WELCOME MESSAGES



Daa Rizk
MIPS President

Dear Friends,

It gives me great pleasure, as the President, to invite you to the ninth MIPS Annual meeting.

This year we will go again, after 9 years, to the beautiful city of Ljubljana, Slovenia, famous for its central location, bridges, surrounding caves and historical monuments.

The meeting will be held on 26-28 September, 2024 in the state of the art Culture and Congress Centre of Ljubljana "Cankarjev Dom".

Congratulations to our Host Chair: Professor Adolf Lukanovic and Co-Chair: Dr. Kristina Drusany whom I am sure, will organize an excellent meeting to build on the outstanding success of the Third MIPS Annual Meeting of 2015 in Ljubljana. The scientific programme includes the most recent advances in female and male pelvic floor medicine with multi-disciplinary sessions tailored to health care provider's educational needs and training priorities as well as patient care in Mediterranean countries. This year, we will also hold a parallel Symposium of the Slovenian Urogynecological Society that would be very interesting to our Slovenian candidates. We are currently working on the final scientific programme and hope to publish the first announcement by the fourth week of February on the MIPS website.

See you in Ljubljana in September, 2024!



Adolf Lukanovič
Meeting Chair

Dear Colleagues,

It is our great pleasure and honour to invite you to the 9th Annual meeting of MIPS which will be held this year in Ljubljana. After the successful third MIPS Annual Meeting 2015 in Ljubljana we are proud to have the opportunity to gather again in our charming picturesque capital of Slovenia.

The international experts from several Mediterranean countries will give you the opportunity to share experiences and discuss clinical problems in urogynaecology.

Together we strive to improve the quality of life of our suffering patients by learning and sharing our knowledge and want to stay as close as possible to Dalai Lama thoughts: »Share your knowledge.

It is a way to achieve immortality«. The aim of the meeting is to illuminate the trends and new approaches in the field of urogynaecology. The topics of the meeting are giving a broad view of the scientific principles and practical standpoints and new developments in this field of medicine. The members of Slovene medical society will highlight the selected topics of urogynaecology in our country which will celebrate nearly half century.

We are convinced that the lectures will emphasize the importance of urogynaecology and will encourage the international dialogue between renowned experts. Finally, the meeting will feature oral poster presentations which will allow young colleagues to enrol in presentation of the field of urogynaecology from office to research. We all are working hand in hand to ensure a varied, interesting, and exciting meeting programme.

Although Ljubljana might be small, we promise you, that this meeting will be amazing. We look forward to this meeting and hope that it will be an extremely rewarding and enjoyable experience for all of us. We guarantee that you will enjoy yourself in the pleasant atmosphere of Ljubljana historical city centre with its special charming atmosphere. Apart from scientific programme we will have the opportunity to meet each other less formally.

Visit us. We are not far away; we are situated in the heart of Europe.



Kristina Drusany Starič
Meeting Co-Chair



SCIENTIFIC PROGRAMME 26 Sep 2024

- 09.00-10.00 Registration
- 10.00-10.45 Opening Ceremony | Introduction: D. Rizk, A. Lukanovič, K. Drusany Starič
- 10.45-15.00 SYMPOSIUM OF SLOVENE UROGYNECOLOGICAL SOCIETY**
Chairs: A. Lukanovič, K. Drusany Starič
- 10.45 Is artificial sphincter the last solution in the treatment of SUI? M. Mihelič, R. Pantar
- 11.00 Sacral neuromodulation U. Kogovšek
- 11.15 Surgical interdisciplinary approach to the pelvic floor disorders K. Drusany Starič
- 11.30 Laparoscopic approach for the treatment of POP M. Blaganje
- 11.45 Occult urinary retention after TVT operation M. Barbič
- 12.00 Office treatment of female urinary incontinence T. Kunič
- 12.15 The use of energy-based devices in the treatment of UI D. Lukanovič
- 12.30 Cognition and urinary continence Z. Pirtošek
- 12.45 How can neurophysiology contribute to diagnosis and management of pelvic floor dysfunction? M. Rotar
- 13.00 The role of interventional radiology in pelvic congestion syndrome P. Popović
- 13.15 How to interpret anorectal manometry K. Novak
- 13.30 **Lunch Break – Slovene Society Meeting**
- 14.00 Nociceptive pain G. Požlep
- 14.15 The role of robotic surgery in treatment of vesico vaginal fistula S. Hawlina
- 14.30 Robotic sacral rectopexy G. Norčič
- 14.45 40 years of urogynecology in Slovenia A. Lukanovič
- 15.00-16.00 Physiotherapy Session**
Chair: E. Sahin
- 15.00 Pelvic floor muscle training with biofeedback D. Ščepanovič
- 15.15 Pelvic floor dysfunction, exercise, and sport S. Schuster
- 15.30 The impact of dietotherapy on the outcome of UI treatment B. Habe
- 15.45 The role of physiotherapy in the management of Overactive Bladder Syndrome (OAB) E. Sahin
- 16.00-17.00 Nursing Session**
Chair: A. Jelar
- 16.00 Is self-catheterization the optimal solution for quality life improvement? A. Jelar
- 16.15 The role of wound ostomy continence nurse in fecal incontinence T. Krišelj
- 16.30 The role of Nurse Continence Advisors R. Neves
- 16.45 Panel Discussion: The Nursing role in PFD care in the Mediterranean R. Neves, T. Krišelj
- 17.00-18.30 SCIENTIFIC SESSION 1 – Functional Urology**
Chairs: E. Finazzi Agrò, M. Mihelič
- 17.30 Urodynamics for male and female LUTS E. Finazzi Agrò
- 17.45 Male LUTS, new mini-invasive surgical options R. Lombardo
- 18.00 OAB: how to investigate our patients E. Finazzi Agrò
- 18.15 Artificial intelligence in functional urology R. Lombardo
- 18.30 **BOARD MEETING**
MIPS Executive Board members only
- 20.00 MIPS RECEPTION AT LJUBLJANA TOWN HALL**
Free attendance for all MIPS Participants and Industry representatives



SCIENTIFIC PROGRAMME 27 Sep 2024

08.30-09.30 ABSTRACTS SESSION 1

Chairs: M. Cervigni, S. Tosson

- 08.30 **1** Combined retropubic TVT and classical repair for correction of cystocele and stress urinary incontinence – Indications and limitations
Daša Krelj, Marijan Lužnik
- 08.38 **2** Vertical plication technique, a novel technique to decrease recurrence of cystocele post repair
Stuart Quek, Rami Atalla, Lauren Dear
- 08.46 **3** The Impact of Hysterectomy on Pelvic Floor, Sexual Functions, Quality of Life, Body Perception, and Genital-Self Image
Hande Donmez Koksai, Fulya Dokmeci, Elif Nazli Cetindag
- 08.54 **4** Uterine artery embolization for postpartum and postabortal hemorrhage: our outcomes
Polona Vihtelič, Nataša Kenda Šuster, Eva Skuk, Marina Jakimovska Stefanovska, Peter Popovič
- 09.02 **5** Clinical characteristics and sexual function in women with clinically nonsignificant pelvic organ prolapse complaining of vaginal laxity
Serife Esra Cetinkaya, Mehmet Murat Seval, Elif Nazli Cetindag, Bulut Varli, Fulya Dokmeci
- 09.10 **6** Practice and Experience of Obstetric Care Providers in the Management of Obstetric Anal Sphincter Injuries in Middle Eastern Countries.
Diaa Rizk
- 09.18 **7** “Vaginal Vault Dehiscence” - The Urogynaecologist approach
Safwat Tosson
- 09.26 Discussion

09.30-10.30 SCIENTIFIC SESSION 2 – Pelvic Organ Prolapse

Chairs: F. Dokmeci, T. Kunič

- 09.30 Vaginal laxity: Reality or Myth? U. Bizjak Ogrinc
- 09.45 Genetics & Molecular Background of Vaginal Prolapse M. Serati
- 10.00 Evaluation of Pelvic Floor with Ultrasonography in Women; When, Why, How? I. Marton
- 10.15 How to prevent pelvic floor disorders in women? D. Rizk

10.30-11.15 INVITED LECTURE

Vaginal surgery: a cultural and professional heritage not to be wasted

Introduction: A. Lukanovič

- 11.15 Coffee Break in the Exhibition Area H. Clavé
- 11.40 Neurogenic incontinence: an update C. Konstantinidis

12.00-12.35 SPONSORED SESSIONS (non CME)

- 12.00 DIPROS Sponsored Session
Mindray Pelvic solution introduction A. Wang
- 12.15 ALLEGENE Sponsored Session

12.35-13.35 SCIENTIFIC SESSION 3 – Female Urinary Incontinence

Chairs: T. Grigoriadis M. Blaganje

- 12.35 Microbiota & Bladder Disorders; how much should it be considered seriously? E. Finazzi Agrò
- 12.50 Challenging & controversial disorder to understand: female mixed Urinary Incontinence F. Dokmeci
- 13.05 What to do for recurrent UTI in female patients? S. Bajramovič
- 13.20 Biological and energy devices for SUI S. Athanasiou
- 13.35 - 14.30 Lunch Break



SCIENTIFIC PROGRAMME **27 Sep 2024**

14.30-15.00 PANEL DISCUSSION

Which is Your Preferred Minimally Invasive Approach for POP Repair?

Moderators: M. Barbic, K. Drusany Staric

Panelists: A. Lukanovič, F. Dokmeci, D. Rizk, M. Cervigni

15.00-15.30 PANEL DISCUSSION

What is your preferred surgical approach to treat SUI in women?

Moderators: M. Barbic, K. Drusany Staric

Panelists: E. Delorme, E. Finazzi Agrò, T. Grigoriades, S. Tosson

15.30-16.30 ABSTRACTS SESSION 2

Chairs: D. Rizk, D. Lukanovič

- 15.30 **8** Urodynamic alterations in patients with multiple sclerosis and detrusor overactivity undergoing percutaneous posterior tibial nerve stimulation: a pilot study
 Athanasios Zachariou, Vaia Sapouna, Athanasios Zikopoulos, Styliani Papakosta, Dimitrios Zachariou, Aris Kaltsas, Ioannis Giannakis, Tien Mai Ba Dung, Cam Hoang Nguyen Phuc, Nikolaos Sofikitis
- 15.38 **9** A randomized controlled trial on the efficacy of laser CO2 and mirabegron as co-therapy in the management of overactive bladder
 Dimitrios Zacharakis, Konstantinos Kypriotis, Anastasia Prodromidou, Nikolaos Kathopoulos, Dimos Sioutis, Lina Michala, Stavros Athanasiou, Themis Grigoriadis
- 15.46 **10** Evaluation of the necessary time needed for bladder management in multiple sclerosis patients.
 Athanasios Zachariou, Vaia Sapouna, Athanasios Zikopoulos, Styliani Papakosta, Dimitrios Zachariou, Aris Kaltsas, Ioannis Giannakis, Tien Mai Ba Dung, Cam Hoang Nguyen Phuc, Nikolaos Sofikitis
- 15.54 **11** Mini-review on historical progress of physiotherapeutic techniques for the management of urinary incontinence
 Diamantis Floratos, Leonidas Floratos
- 16.02 **12** Bilateral hidronephrosis caused by giant rectosigmoid fecaloma
 Alejandro Sousa, Maria Alvarez, Daniel Sousa, Maria Enma Rodriguez, Juan León
- 16.10 **13** Misuse of antibiotics in the treatment of RUTI in primary care and emergency departments
 Alejandro Sousa, Maria Alvarez, Daniel Sousa, Maria Enma Rodriguez, Juan León
- 16.18 **14** Experience of vesicovaginal Fistula repair in last 2 decades at a high-volume tertiary centre in India
 Apul Goel, Krishna Bhandari
- 16.26 Discussion
- 16.30-17.00 Coffee Break in the Exhibition Area

17.00-18.00 SCIENTIFIC SESSION 4 - Female Sexual Dysfunction

Chairs: M. Cervigni, A. Štolfa

- 17.00 Coital Incontinence; The most irritating but unspoken complaint of women E. Cetinkaya
- 17.15 Management Options for Genitourinary syndrome of the Menopause A. Lukanovič
- 17.30 A 2024 update of vaginal rejuvenation S. Jankovic
- 17.45 Discussion

18.00-19.00 SCIENTIFIC SESSION 5 – Obstetric perineal trauma

Chairs: D. Rizk, K. Jakopič Maček

- 18.00 Episiotomy: Friend or Foe? K. Drusany Starič
- 18.15 Management of Obstetric anal sphincter injuries (OASIS): A Coloproctologist perspective K. Borycka



SCIENTIFIC PROGRAMME **27 Sep 2024**

18.30-19.00 Annual General Meeting
For MIPS Members only

SCIENTIFIC PROGRAMME **28 Sep 2024**

08.30-09.30 SCIENTIFIC SESSION 6 - Miscellaneous

Chairs: S. Tosson, M. Jakimovska Stefanovska

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|-------|---|----------------|
| 08.30 | Lifestyle and pelvic floor: impact of obesity & vigorous sports | T. Grigoriadis |
| 08.45 | Telemedicine and artificial intelligence for managing female pelvic floor disorders | D. Lukanovič |
| 09.00 | Vaginoplasty for transgender: Tips and Tricks | B. Deval |
| 09.15 | Surgical indications for perineal surgery during prolapse repair | E. Delorme |

09.30-10.30 ABSTRACTS SESSION 3

Chairs: T. Grigoriadis, F. Dokmeci

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|-------|---|--|
| 09.30 | 15 Standardisation of Autologous Fascial sling technique for female stress urinary incontinence
Rami Atalla, Charlotte Foley, Stuart Quek, Sarah Atalla | |
| 09.38 | 16 Determination of pelvic floor discomfort levels of women diagnosed with urinary incontinence
Rüveyda Ölmez Yalazi, Nurdan Demirci | |
| 09.46 | 17 The effect of physical activity on urinary incontinence in pregnancy: a systematic review
Rüveyda Ölmez Yalazi, Nurdan Demirci | |
| 09.54 | 18 Transvaginal repair of vesico-vaginal fistula: our technique
Apul Goel, Harvinder Singh Pahwa | |
| 10.02 | 19 Is the artificial sphincter the last solution in the treatment of SUI?
Miro Mihelic, R. Pantar | |
| 10.10 | 20 Do women wish to talk about sex
Joanna Ghigo | |
| 10.18 | Discussion | |

10.30-11.30 SCIENTIFIC SESSION 7 - Female Pelvic Floor Disorders in 2024

Chairs: E. Delorme, N. Kenda Šuster

- | | | |
|-------------|---|---------------|
| 10.30 | Pelvic organ prolapse Surgery: Hysterectomy or Not? | M. Serati |
| 10.45 | Pelvic Floor repair under local anesthesia | D. Zacharakis |
| 11.00 | The v-NOTES Approach | B. Venier |
| 11.15 | Discussion | |
| 11.30-12.00 | Coffee Break in the Exhibition Area | |

12.00-13.00 SCIENTIFIC SESSION 8 - Chronic Pelvic Pain / Urogynaecological Surgery

Chairs: D. Rizk, P. Popovič

- | | | |
|-------|--|-------------|
| 12.00 | Bladder pain syndrome: An Update | M. Cervigni |
| 12.15 | Enhanced Recovery After Surgery (ERAS) protocols in Urogynaecology | D. Atallah |
| 12.30 | How to avoid litigation in urogynaecology | S. Tosson |
| 12.45 | Discussion | |

13.00-13.30 Closing Ceremony, Best Abstract Awards

D. Rizk, A. Lukanovic, K. Drusany Starič, T. Grigoriadis, F. Dokmeci, E. Finazzi Agrò



FACULTY

Stavros Athanasiou Greece	Simon Hawlina Slovenia	Katja Novak Slovenia
David Atallah Lebanon	Marina Jakimovska Slovenia	Robert Pantar Slovenia
Senad Bajramović Bosnia	Katia Jakopič Maček Slovenia	Zvezdan Pirtošek Slovenia
Matiya Barbič Slovenia	Svetlana Jankovic Serbia	Peter Popović Slovenia
Urška Bizjak Ogrinc Slovenia	Anita Jelar Slovenia	Gorazd Požlep Slovenia
Mija Blaganje Slovenia	Nataša Kenda Šuster Slovenia	Diaa Rizk Bahrain
Katarzyna Borycka Poland	Urška Kogovšek Slovenia	Melita Rotar Slovenia
Mauro Cervigni Italy	Charalampos Konstantinidis Greece	Darja Ščepanović Slovenia
Esra Cetinkaya Turkey	Tadeja Krišelj Slovenia	Snježana Schuster Croatia
Henryi Clavé France	Tina Kunič Slovenia	Maurizio Serati Italy
Emmanuel Delorme France	Riccardo Lombardo Italy	Emel Sahin Turkey
Bruno Deval France	Adolf Lukanovič Slovenia	Andreja Stofa Slovenia
Fulya Dokmeci Turkey	David Lukanovič Slovenia	Safwat Tosson Gibraltar
Kristina Drusany Starič Slovenia	Ingrid Marton Croatia	Barbara Venier Slovenia
Enrico Finazzi Agrò Italy	Miro Mihelič Slovenia	Dimitrios Zacharakis Greece
Themos Grigoriadis Greece	Raquel Neves Portugal	
Bernarda Habe Slovenia	Gregor Norčič Slovenia	

SCIENTIFIC COMMITTEE MIPS 2024 ANNUAL MEETING

Adolf Lukanovic, Kristina Drusany Staric, Fulya Dokmeci, Enrico Finazzi Agrò, Themis Grigoriadis, Diaa Rizk

GENERAL INFORMATION

UEMS/EACCME ACCREDITATION | CREDITS FOR EUROPEAN HEALTHCARE PROFESSIONALS

Event Reference Number: LEE/2024/00898

The MIPS Annual Congress LJUBLJANA, Slovenia, 26/09/2024 - 28/09/2024 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) for a maximum of 12 European CME credits (ECMEC®s).

ABSTRACT SESSIONS

Abstract submission 15 April - 31 May | WWW.MIPSNET.ORG

Presentation Methods: Oral (Podium) presentations.

Abstract Agreement: If your abstract is accepted for oral podium presentation, you will be asked to accept the following conditions:

- Present the lecture in the session format assigned to you by the Scientific Committee
- Register for the conference and assume responsibility for your own registration, lodging and transportation, as well as providing a substitute presenter in case of absence.

CONGRESS VENUE

Cankarjev Dom - Prešernova Cesta, 10, Ljubljana, Slovenia

REGISTRATION

Register online at www.mipsnet.org by 20 September 2024. After such deadline, registration will still be possible during the event, until reaching the maximum number of participants.

Registration Fees*

	MIPS MEMBERS		NON MEMBERS	
	By July 30th	After July 30th	By July 30th	After July 30th
Doctors	250,00 eur	300,00 eur	300,00 eur	350,00 eur
Nurses	150,00 eur	200,00 eur	200,00 eur	250,00 eur
Trainees **	100,00 eur	120,00 eur	120,00 eur	150,00 eur

* Fee is intended per person, in Euros, VAT free. The registration fee includes access to scientific sessions, workshops, certificate of attendance, CME related forms, digital copy of the MIPS 2024 Abstract Book, CME credits after fulfilling the required actions for accreditation.

** Requires letter from chair/supervisor with Registration Form.

CANCELLATION POLICY

Registration fees are 50% refundable by 31st July 2024; any banking fees are not covered by refund policy. After 31st July 2024, no refund will be issued.

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